

Phase 1 NOVICE | A New Way to Live

REBUILDING

"All discipline for the moment seems not to be joyful, but sorrowful; yet to those who have been trained by it, afterwards it yields the peaceful fruit of righteousness." Hebrews 12:11

OVERVIEW

THE OBJECTIVES

- Students will begin to create new habits by submitting to authority. *Submission is key to discipleship.*
- Students will begin to discover that they need help and need to submit even if they don't understand.
- Students will begin to explore their past to uncover core issues, such as trauma and loss.
- Students will begin to evaluate their relationships with God and others by identifying and processing through their core beliefs.
- Students will begin to understand the importance of self-awareness.
- Students will begin to transform by the renewing of their mind. As God reveals His truth, the corresponding lie will fall away.
- Students must be ready and willing to do outreach.

THE STRUCTURE

Novice is a time of learning new habits.

In this phase Residents are told what to do, how to do it, and when to do it.

Repetition creates habits.

Habits lead to a lifestyle.

Phase 1 Novice

CURRICULUM

Jesus said,

"Love the Lord your God with all your heart, with all your soul, with all your mind and with all your strength. Love your neighbor as yourself. There is no commandment greater than these."

Mark 12.29-31

The goal is to have students address each aspect of themselves, mind, body, soul, and spirit, allowing God to heal and transform the whole person.

Spiritual Development - Through the teaching and discipleship of Teachers, Pastors and Staff, students will learn about the God of the bible and how He is able to transform those who will seek Him.

Personal Exploration - No one decides to become an addict, to destroy themselves and their relationships. There is always something at the core of this behavior. Whether childhood trauma, terrible loss, emotional, mental, physical disabilities, or any number of a vast array of stresses and/or catalysts. Finding these emotional wounds and cleaning them out, is key to breaking the cycle and the need for self-medication.

Practical Ministry is a chance for students serve others through bringing community awareness of life controlling issues, providing practical hands-on ministry to local families and churches, with service, testimonies and even music.

Free time should be used purposefully and constructively:

The TLC program is sparse intentionally. Fellowship (activities and socializing) among the TLC community of residents is encouraged. Excess free time should be used for prayer, bible reading/study, meditation on God's word, contemplating your life, and/or journaling. Distractions are not helpful. The battle between our spirit and flesh depends on which one we feed.